Wyomissing Church of the Brethren 2200 State Hill Road Wyomissing , PA 19610 WCOTB.org | wyocotb@gmail.com 610-374-8451

# **Hope Happens**

November 2022

#### FROM THE DESK OF PASTOR JAN .....

# How do YOU show gratitude?

One way to express gratitude is through writing about the things, people, situations, events, etc., you are grateful for. Keep a daily journal of "gratitude" to help with positive thinking and giving thanks to God. Here's how you can begin:

1. Pick a journal (this can be a paper-based or app-based)

2. Set out a day and time to write in your journal. If you miss a day here and there, don't beat yourself up about it. Move on.

3. Write the three things you are most thankful for.

4. Imagine the feeling of gratitude to yourself while you write about the things you appreciate having in your life and let that emotion wash over you.

5. Be expressive.

6. Strive to make it a habit. The transformational effects of gratitude journaling take time to show.

#### A grateful heart is a content heart.

"Be anxious for nothing but in everything, by prayer and supplication, with thanksgiving, let your requests be made known unto God" – Philippians 4:6.

Be cheerful no matter what; pray all the time; thank God no matter what happens. This is the way God wants you who belong to Christ Jesus to live.

Thessalonians 5:16-18 The Message

## The Messenger

What? A Sunday School class highlighting an article of interest

When? The Last Sunday of each month, 9:15 a.m.

How? Join in-person at church, or by zoom.

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**PASTOR** : JAN KING ADMIN. ASSISTANT: JILL ROBERTSON

In person participants will receive a print copy at class time.



Each month Pastor Jan will select one article from the denominational magazine, *MESSENGER* to highlight and explore together. <u>If you are joining by zoom, please</u> contact the church office by Thursday (October 27) to have the article emailed to you.



# **SUNDAY WORSHIP SERVICES 10:30**

**November 6**: **"Random Thoughts"** ~ Luke 10:38-42 Nancy Dotter, Pulpit Supply

November 13: "Leadership Principals (of Jesus)" Prov. 11:14 Congregational Forum

November 20: "Eating Well" Scripture Jam

November 27: 1st Sunday in Advent : "The Candle of Hope" Isaiah 2:1-5

> Reminder: There is no Children's Church on the last Sunday of the month!



# **CRAFT SHOW**

## Bakers Needed: Nov. 5th

Calling All Bakers! Pies, cakes, cookies, muffins, candies, jellies... whatever favorite food goodies you would like to bake & donate are welcome! Please have items wrapped and ready to sell. All items should be brought to church as close to 4pm Friday, Nov. 4 as possible. If you leave something in the kitchen, please mark it for the bake sale.

## Booth Workers Needed: Nov. 5th

If you can work the bake sale table, please contact Nancy Dotter to sign up.

**Soup & Applesauce: Pre-order** *before* the Craft Show! See Sue Blatt to place your orders!

**Basket Bonanza:** There is still time to create and donate a basket for the Basket Bonanza held at the Holiday Craft Show! Contact Darlene Dunn for information.



# **PLEASE PRAY FOR:**

Jean Bechtel, Nancy Custo, Dawn Ernst, Linda Kauffman, Bob Kauffman

In Worship earlier this month, when asked to think of prayers needed, this list was created: CDS Staff in Florida, our democracy, people in Ukraine, church family at home who can't attend, people in Philadelphia & throughout the US, people in Russia, citizens in Russia that do not agree with the Gov., veterans that need services, teachers, children with health problems, people in Florida, Native Americans, our church, women in Asia, doctors and nurses around the world, friends and neighbors fighting cancer, COVID victims & health care workers, cost of living impact

# HARVEST HOME

It's that time of year again when we start collection for Harvest Home.

Donations of non perishable foods or gift cards are appreciated. We will be collecting up to Wednesday, November 16th. There will be boxes in the Sanctuary available to place the items.

If you have any questions, or know of any families that could benefit from Harvest Home, please see contact Darlene Dunn. (check the directory, or you can contact the office 610-374-8451 for Darlene's phone number)

#### **MITTEN TREE**

New Journey November Collection

Bring in: **NEW** Hats, Mittens, Scarves & Socks (in all sizes for all ages) and *gently* used coats and sweaters. Place them in the Christmas box in the Foyer outside of the sanctuary.

## FAMILY PROMISE

Family Promise week is November 28 thru December 4, 2022. There are two homes we supply food for that week. Please consider making a meal for the families in that program. More information will be coming as to how many families will be in the program that week as we get closer. A meal sign up sheet will be on the bulletin board. Contact Diane Zimmerman with any questions. Monetary donations are also appreciated.

## Thank You

A huge thank you for all the prayers, cards, visits and meals for Dan & I during my recuperation from knee replacement surgery. You are blessings in our lives! ~ *Sandy & Dan Biss* 

Linda Clapp New Email: l.clapp8632@gmail.com

Bob Kauffman: 1 Reading Drive, Apt. 263, Wernersville, PA 19565









